

HSUSU'S
FACULTY OF HEALTH
SCIENCES
STUDENT GUIDEBOOK

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INTRODUCTION

The Health Sciences Undergraduate Student Union (HSUSU) would like to acknowledge and thank the Səlílwətał (Tsleil-Waututh), Skwxwú7mesh (Squamish), xʷməθkwəyəḥ (Musqueam), kwikwəłəm (Kwikwetlem), q̓icə́ y̓ (Katzie), Kwantlen and Semyome (Semiahmoo) Nations on whose unceded traditional Ancestral territories SFU campuses are located.

Whether you are joining right after high school, transferring from another faculty or institution, or just visiting during your semester abroad -

Welcome to the Faculty of Health Sciences at Simon Fraser University!

The Faculty of Health Sciences was established in 2004 and undertakes world-class, interdisciplinary research and educates the next generation of leaders in health science, aided in part by generous philanthropic donations and research funding.

Our Vision

The Faculty of Health Sciences will be a leader in the generation and mobilization of interdisciplinary knowledge to understand and improve health and well-being.

Our Mission

The faculty undertakes world-class, interdisciplinary research and educates the next generation of leaders in health science, aided in part by generous philanthropic donations and research funding.

Undergraduates in each program will study core areas, including environmental impacts on global health; how health policy is made; health ethics, and social determinants of health. The BSc program also equips students with lab skills, equivalent to a basic biomedical science program.

What you'll learn: BSc. Program

- Fundamental laboratory skills comparable to those from basic biomedical science programs
- Strong interdisciplinary experience in social science settings
- Group problem solving
- Understanding of and ability to interpret medical statistics
- Statistical computation skills
- Communication and organizational skills

What you'll learn: BA Program

- Multi-disciplinary approach to the social, behavioural and biological determinants of health and disease
- Understanding of core principles of health promotion and disease prevention
- Foundational understanding of health policy processes; understands major institutional players in health policy, both domestically and internationally
- Understanding of the cross-cultural impacts on actual and perceived health needs

BURNABY CAMPUS

AQ: Academic Quadrangle

ASB: Applied Sciences Building

BLU: Blusson Hall

B or SSCB: Shrum Science Centre, Biology

C or SSCC: Shrum Science Centre, Chemistry

P or SSCP: Shrum Science Centre, Physics

EDB: Education Building

GYM: Chancellor's Gymnasium

LIB: Library (Bennett)

RCB: Robert C Brown Hall

RCG IMAGTH: Images Theatre (in RCB)

SSB: South Science Building

SWH: Saywell Hall

WMC: West Mall Complex

TASC: Technology and Science Complex (1&2)

SURREY CAMPUS

SRYC: Surrey Campus, Central City

SRYE: Surrey Campus, Sustainable Energy Engineering

LIB: Library (Fraser)

VANCOUVER CAMPUS

HCC: Harbour Centre

LIB: Library (Belzberg)

WHEN PLANNING COURSES:

LEC: Instructional lecture, usually led by a professor
(can be anywhere from 50 min to 4 hrs)

smaller class size instruction, usually led by a

TUT: TA (~50 minutes)

SEM: seminar (usually for UD courses)

LAB: practical application for a course

INTERSESSION: shorter session for classes, usually offered in the summer

D: Day

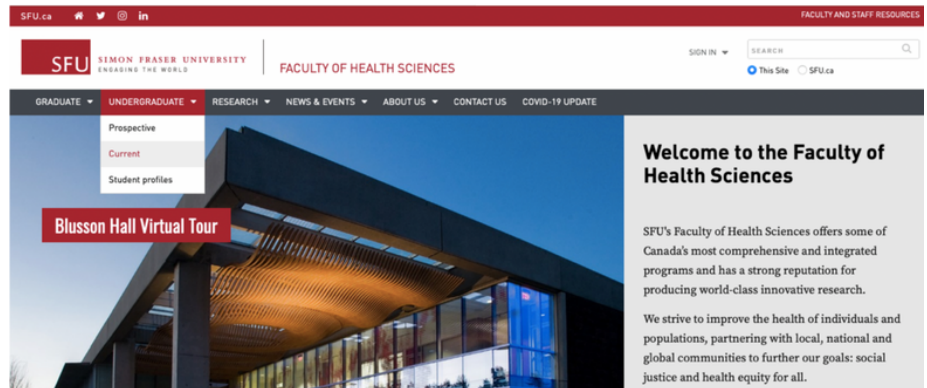
E: Evening

C: Distance education
(online)

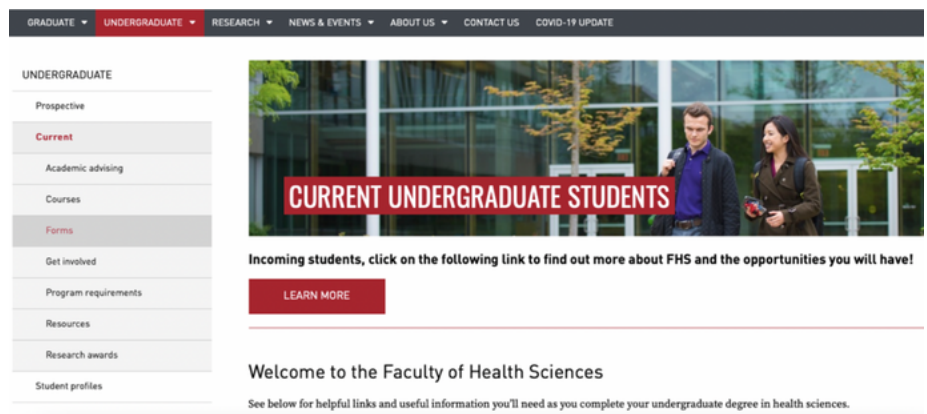
Degree Checklist

How do you know which classes to take?

- Go to the faculty of health science page on SFU by searching for Faculty of Health Science SFU on the search bar.
- LINK --> <https://www.sfu.ca/fhs.html>
- That link will bring you to this page and on the drop-down menu that says Undergraduate choose **Current**.



- Then go to **Forms** from the options on the left of the site.



- On this page, you can then find your checklist based off the **program you are enrolled in.**

Academic advising Courses Forms Get involved Program requirements Resources Research awards

Need a program checklist or to change your course enrollment? Want to do your honours or a directed studies course? You'll need to complete the right form.

Directed studies

- Directed Studies/Directed Research Guidelines
- Directed Study Application Form

Honours

- Honours Thesis Guidelines
- Honours Program Application

Enrollment changes

- Prerequisite Waiver Form
- Course Conflict
- Course Add/Swap/Drop

Other

- Undergraduate Conference Funding application
- Appeal form- Course Repeats

Current program checklists (effective Fall 2018)

- BA Checklist
- BSc - PQHS Checklist
- BSc - LS Checklist

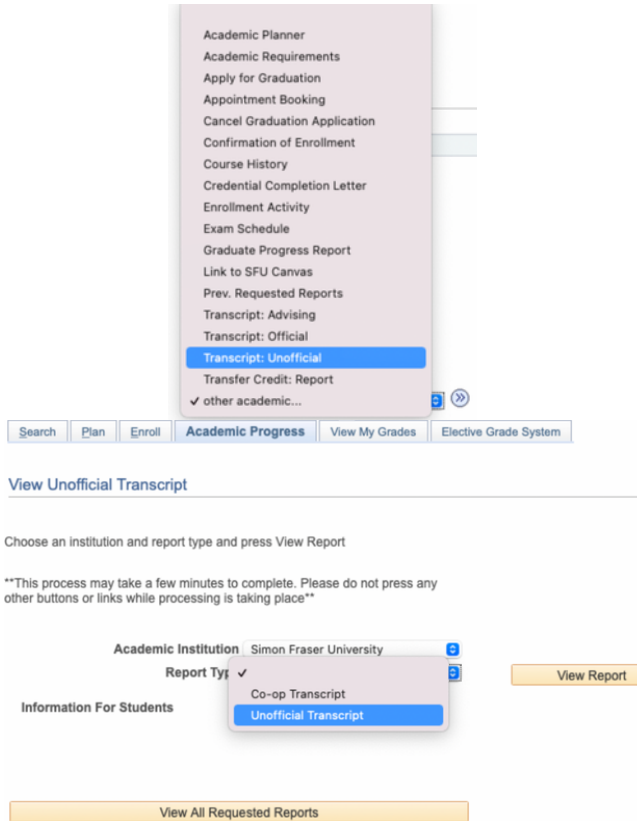
Old program checklists

- BA Checklist (Fall 2015 - Summer 2017)
- BA Checklist (prior to Fall 2010)
- BSc - LS Checklist (Fall 2010 - Summer 2017)
- BSc - PQHS Checklist (Spring & Summer 2017)
- BSc Checklist (prior to Fall 2010)
- BA Checklist (effective Fall 2017)
- BSc - PQHS Checklist (effective Fall 2017)
- BSc - LS Checklist (effective Fall 2017)
- BSc - PQHS Checklist (effective Fall 2018)

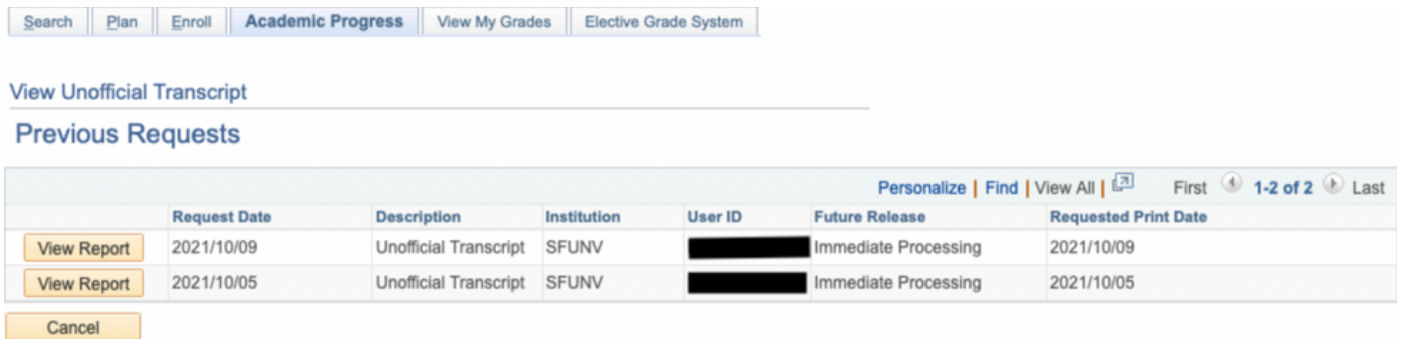
Advising Appointments

How do you get your unofficial advising transcript?

- Go to goSFU
- On the drop-down menu in the academics section, click on ***Transcript: Unofficial***.
- It will bring you to here and go to the drop-down menu in 'Report type' and select Unofficial transcript.
Click on View Report



- Once it has loaded then it will bring you here and your unofficial transcript is there! Make sure to click view report. **Then download it and attach it to your email when contacting the academic advisor.**



HOW TO CONTACT THE UNDERGRADUATE ADVISOR:

Through email: fhs_advising@sfu.ca

In-person: Blusson Hall 10706 (appointment required)

You can either book an appointment or attend drop-in office hours!

THE BASICS:

THE LIBRARY

Services for Undergraduate Students

The SFU library carries hard copies of all sorts of **books, journals, and other research material**, as well as **online access** to more books and articles



The online SFU library is running 24/7; therefore, students may always access resources at home. All one needs is their **SFU computing ID!**

Students may use their student IDs as their library cards and borrow equipment such as:

-  Arduino
-  Lighting material
-  A phone charger
-  Cameras
-  Microphones and audio recorders
-  Classroom or office supplies
-  Laptops, tablets, projectors, and hard drive
-  Tripod or camera support

There are workshops and one-on-one appointments held at the **Student Learning Commons** where students can ask for assistance

If you are not able to make it in person, you can always access the online tips!

PRO TIP:

If you are having trouble getting started on an assignment, ask a librarian! They can be reached via email, book an appointment, or make a phone call!



<https://www.lib.sfu.ca/help/ask-us>



Library hours to all 3 SFU campuses



can be found on: <https://www.lib.sfu.ca/about/reach-us/hours>

Health Sciences Undergraduate Student Union (HSUSU)

An entirely volunteer-run student organization, Health Sciences Undergraduate Student Union (HSUSU) represents the 4000+ students within the Health Sciences Bachelor program, whether it be the Bachelor of Arts stream or the Sciences stream (Life Sciences stream or the Public Health and Data stream (PH&D)). Through a variety of social events, networking events, a mentorship program, an online publication and more, HSUSU provides countless leadership opportunities, while bridging together students, alumni, faculty members, and industry.

There are various volunteer positions available for students. Every year in the Spring semester, HSUSU hosts elections for the upcoming year where students will have the opportunity to nominate themselves for a position(s) on the executive team. For more information about each of the positions available, check out www.hsusu.com and our constitution.

You can also get involved with HSUSU by attending the various events planned throughout the year. Attending events and getting to know the executive team is a great way to network and make new friends! For more details around this, be sure to follow HSUSU on Instagram and Facebook.

Faculty of Health Sciences Peer Mentorship (FHS PMP)

The FHS Peer Mentorship Program is a faculty-specific, peer mentoring group open to all undergraduate students. The goal of this program is to strengthen the FHS community by connecting incoming first year with senior Health Sciences students to create a welcoming environment for all. Over the course of each academic year at SFU, our volunteer mentors act as a social and academic resource for their mentees as they adjust to their first year of university life. While they are not tutors or counselors, they are friendly, outgoing individuals trained to listen, advise, and guide students to SFU's various campus resources.

First years and newly transferred students are encouraged to join this program. The programs executive team usually does a calling campaign in the summer, presents during various events including Welcome Day and Parent Night, and promotes the program registration details in order to recruit participants.

To get involved with the program as a mentor, keep an eye out in the Spring Semester for information around the application and training process.

For more information about this program, visit <http://www.hsusu.com/fhspeer> or email fhspeer@sfu.ca

Undergraduate Research Awards (USRA)

Available for undergraduate students in Health Sciences looking to obtain research experience in an academic setting:

- Students holding a USRA work on research projects with SFU professors for a 16-week duration
- It is the student's responsibility to find a faculty member in the Faculty of Health Sciences to supervise their research experience in order to apply for these awards

SFU offers many USRA awards, including:

NSERC USRA (The Natural Sciences and Engineering Research Council of Canada)

The Natural Sciences and Engineering Research Council of Canada (NSERC) has provided funding for undergraduate students who are interested in gaining valuable research experience early in their academic career. SFU also supplements this funding. Only open to Canadian citizens/Permanent Residents. A prestigious National-level award that pays you a full-time salary to do research in an SFU prof's research lab or a semester, and you can also get co-op credit for that semester as well, if you work with your co-op advisor to line that up

Basic Award Eligibility:

- Students must hold the USRA for full time research activities in the natural sciences or engineering with a supervisor who holds major grant funding or other funds to pay the student's supplement.
- NSERC USRA Program (full student eligibility on NSERC's site):
 - https://www.nserc-crsng.gc.ca/NSERC-CRSNG/Eligibility-Admissibilite/students-etudiants_eng.asp

VPR USRA Sciences (Vice-President Research)

SFU's VPR has provided funding for the Vice-President, Research Undergraduate Student Research Awards program (VPR USRA). The program is for current SFU undergraduate students interested in working on a major research project with an eligible university professor. The Faculty of Health Sciences also supplements this funding.

Basic Award Eligibility:

- be an SFU undergraduate student;
- hold the USRA for full time research activities in the natural sciences or engineering with a supervisor who holds major grant funding or other funds to pay student supplement.
- Full eligibility details: <https://www.sfu.ca/gradstudies/awards-funding/ugrad-research-awards/eligibility.html>

VPR USRA Social Sciences and Humanities

SFU's VPR has provided funding for the Vice-President, Research Undergraduate Student Research Awards program (VPR USRA). The program is for students who want to work with a faculty member who holds a major grant, but not necessarily from SSHRC or CIHR.

For more information, visit <https://www.sfu.ca/gradstudies/awards-funding/ugrad-research-awards/ugrad-research-awards.html>

How to Apply:

Students eligible for both NSERC and VPR awards should create an NSERC Online Account and complete the application for an Undergraduate Student Research Award Form 202 (Part I).

- If you apply for the NSERC USRA award you will automatically be considered for the VPR-Science USRA award

For further questions please contact the Departmental Scholarships Committee Chair, Leithen M'Gonigle at lmgonigl@sfu.ca. Or another great program contact is the FHS Advisor who can be reached at fhs_advising@sfu.ca.

THE SFSS

What is the SFSS?

The Simon Fraser Student Society is a student-led organization that represents and advocates for the interests of the 25,000+ undergraduate students at SFU. We are your not-for-profit support network and voice at SFU and provide services and support to make your student life better. To learn more about the SFSS check out their website at <https://sfss.ca>

The SFSS offers a variety of student services with the support of student membership fees*:

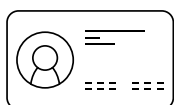
- The Student Union Building: This space is owned and operated by the SFSS and offers multiple social and collaborative spaces including rehearsal booths, performance stage, gamers lounge, community kitchen, napping room and so much more!
- Room and equipment bookings
- Extended health and dental plan
- The U-Pass BC Program
- A free legal clinic
- An emergency food bank certificate program

Who makes up the SFSS?

- The SFSS is made up of Council and staff.
 - Council is made up of student-elected representatives who are executive officers, constituency group representatives, and student union representatives (including one from HSUSU). These representatives are elected by SFU students every year. If you're passionate about advocating for student issues and building your leadership skills, consider joining SFSS Council.
 - If you have any questions about opportunities to get involved, concerns about student life, or any general inquiries, contact SFSS Council members. You can reach the Health Sciences Councillor at healthscience.council@sfss.ca.

*Student Society Fees and Financial Information

Fees may change every year. To see the updated fees please see: <https://sfss.ca/about/financial-info/>. It is important to emphasize that SFSS runs its operations mainly through student fees to deliver services to clubs, constituency groups, and other student resources.



HSCI Co-op

Want to build your skill set, network with professionals and expand your career options?

Health Sciences (HSCI) Co-op is where you get paid to gain relevant experience in preparation for industry or grad schools. Translating classroom knowledge into workplace action and graduating with a minimum year's worth of professional experience equips Health Sciences Co-op students with the tools to succeed.

When you graduate with Co-op experience, your professional life has already started.

when should you apply?

If you want to ensure that you have flexibility in how you plan out your work and study semesters, and the ability to leave room for any other opportunities you may wish to pursue such as field schools or otherwise, then you should apply to Co-op within your first year at SFU or, at a minimum, two semesters before an intended work semester. For undergraduates, 90 credit hours or later is often too late to apply to Co-op; be sure to consult with a Co-op Coordinator before applying if you are above 90 credits.

As part of enrollment into the SFU Co-operative Education program, every student who applies must pay the Co-op application fee once, when they first join Co-op.

To find out what the fees are, visit:

<https://www.sfu.ca/coop/apply/support-for-learning.html>

How to apply: <https://www.sfu.ca/coop/apply/how-to-apply.html>

For more information: <https://www.sfu.ca/coop/about/guide/intro.html>

Pro-Tip: Be sure to check out if co-op is doing a Free Draw for the application period.

important information

A co-op work term consists of full-time, paid work experience, typically 35-40 hours per week for a 13-16 week duration with a minimum of 420 hours completed. Work terms can also extend over two consecutive semesters, providing up to eight months of continuous employment. If a student accepts an eight-month co-op position (or extends a four-month work term into a second four-month work term), it counts as two co-op work terms and they must register for the appropriate practicum and pay co-op fees for **each** semester.

Each work term is recorded as a co-op practicum on a student's transcript and assigned a grade of Pass or Fail upon completion. Each work term that receives a passing grade will be given three co-op additive credits.

FUNDING

Scholarships for undergraduates

These scholarships will help recognize academic achievements within different faculties.

For any scholarship, the eligibility criteria is as follows:

- It can be administered by 2 ways: SFU or McCall MacBain Scholarships
- Must have completed at least 12 units of standard graded courses at SFU (**Does not consider Challenge, audit and credit-free courses**)
- In the term of application, you must be enrolled in a minimum of 12 units of regular graded courses at SFU.
- At SFU, you must have a minimum CGPA of 3.50 and be in excellent academic standing.
- A student holding an SFU entrance award is also eligible to apply

Use this online SFU database to see if you are eligible:

<https://awards-search.sfu.ca/>

Open Scholarships

These scholarships help acknowledge academic achievements semester-wise. There is no additional application required as the students who meet eligibility criteria are automatically considered for the Open Scholarship. Only students pursuing a first degree are eligible who are in excellent academic status

Work Study Program

This program allows you to earn extra income while gaining experience in your field. Each faculty has different research projects and ideas where they ask support from students, and it only includes working on-campus; It is also included on the student's co-curricular record if a minimum of 100 hours are completed in a semester.

Eligibility criteria:

- Students must reside in Canada during their work study term
- Have a financial need that has been proven (as assessed by SFU).
- Must be enrolled in a minimum of 9 units of regular graded courses.
- Must be in excellent academic standing at SFU with a minimum CGPA of 2.00 during the application term (waived in your first term at SFU).

Bursaries

These are an additional source of financial funding for international and domestic students.

- Have a financial need that has been proven (as assessed by SFU).
- Must be enrolled in a minimum of 9 units of regular graded courses.
- Must be in excellent academic standing at SFU with a minimum CGPA of 2.00 during the application term (waived in your first term at SFU).

Application deadlines: <https://www.sfu.ca/students/financialaid/deadlines.html>

OTHER SERVICES

Health and Dental



The **basic health plan** covers health practitioners, prescription drugs, and more that students can claim

THE BASIC DENTAL PLAN COVERS 70-80%

of dental costs by visiting a Dental Network member, and you also receive an additional **20% off** dental services



Students can opt out of the health and dental plan with proof of coverage through another source

SFSS Food Bank Program

YOU CAN APPLY TO REDEEM A **\$ 25**

food certificate up to **3 times** a semester

You can apply with your student number!



The vouchers can be redeemed at:



Nesters Market
(SFU Burnaby)



Nesters
Woodwards
(SFU Woodward)



Safeway Surrey
(SFU Surrey)

Out On Campus

Out On Campus is a department of the Simon Fraser Student Society dedicated to supporting SFU's **LGBTQ+** students and allies.



All are welcome to use their space and access their services



OTHER SERVICES

Women's Centre

First
opened in
1974

Regardless of your orientation or identity, the Women's Centre is a space that is dedicated to providing education and services to **all visitors**, including allies

Some of the services provided to those of all genders include:



Crisis referrals & peer support



A free feminist library



Free safer sex & menstrual supplies




Food support

SFU Health & Counselling



SFU Health & Counselling provides accessible, individually-tailored, and effective services to improve **mental health** and **wellbeing**

All registered SFU students have access to free, confidential, time-limited supports, such as **individual counselling**, as well as services and virtual programs to address a wide variety of concerns



Centre for Accessible Learning (CAL)

CAL provides **disability related information**, support, and counselling to the SFU community and supports equal participation by coordinating the provision of reasonable academic accommodations and services for students with disabilities.

STUDY ABROAD & EXCHANGE

What is Study Abroad?



Students at SFU can earn credits toward their SFU degree while studying at **another institution** in a different country

Students have the option to:

Go on exchange at a **different** post-secondary institution: spend 1-2 semesters taking courses at another university

Participate in a **field school**: often described as an “extended field trip” for 10-20 SFU students beginning on campus and eventually continuing at a different destination overseas.

Take part in a short-term **summer program**: choose from more than 30 exchange destinations to earn between 3-12 credits toward your degree

Studying abroad offers opportunities to:

- Build your network abroad
- Explore global opportunities
- Gain international perspective on your degree
- Experience a new culture
- Develop global competencies valued by employers

Some exchange and field school students may be eligible to apply for additional funding to cover the costs of their time abroad. For more information, visit:

<https://www.sfu.ca/students/studyabroad/funding.html>

GRADUATION

Graduation Requirements:

Health Science Major (BA and BSc):

Students are to complete 120 units, which include:

- At least 45 upper division units
- At least 60 units that must be completed at Simon Fraser University
- Satisfaction of the writing, qualitative, and breadth requirements
- Overall cumulative grade point average (CGPA) and upper division CGPA of at least 2.0

Writing (6 units)

Must include at least one upper division course, taken at Simon Fraser University within the student's major subject

Quantitative (6 units)

Quantitative courses may be lower or upper division

Breadth (24 units)

Designated Breadth Courses: must be outside the student's major and be lower or upper division

- 6 units Social Sciences (B-Soc)
- 6 units Humanities (B-Hum)
- 6 units Sciences (B-Sci)

Additional Breadth Courses: may or may not be designated breadth courses and will likely help fulfill individual degree requirements

- 6 units

For more information,

<https://www.sfu.ca/fhs/undergraduate/current/program-requirements.html>



How to Apply for Graduation:

1. Official graduation check

Schedule an appointment with the FHS advisor to go through an official graduation check.

2. You can apply for graduation during the final term you are enrolled at SFU

Step 1: Log into your student account via go.sfu.ca.

Step 2: From the menu at top left, expand "Self Service"

Step 3: Under "Self Service", select "Graduation/Convocation"

Step 4: Select "Apply for Graduation"

Step 5: Read the Instructions, scroll down, and click the "Continue" button to fill out the online application form.

TIPS & TRICKS

BEST STUDY SPOTS:

- FHS Commons
- Student Union Building (SUB)
- Meeting rooms in the library
- Seating near Images Theatre
- Bottom floor of WMC

BEST FOOD SPOTS:

- MBC Food Court
- Renaissance Cafe
- Mackenzie Cafe
- Togo Sushi
- Starbucks / Blenz

USEFUL SFU RESOURCES

Writing and learning peer educators

The Student Learning Centre has many resources to aid students, specifically peer educators that can help with writing and learning strategies for academic success. Appointments with educators include information dissemination about time management, exam prep, and writing tips for specific assignments.

Writeaway

Writeaway is a program that allows students to submit their writing (e.g. papers) and receive feedback from an assigned tutor.

SELF CARE

Make time for friends – even virtually!

It's easy to get overwhelmed during your first year with academic commitments. It's even harder to coordinate getting together with friends who have opposite schedules from you. An easy way to meet-up with friends while still getting work done is to have "productivity calls". Having your friends on a Zoom call to work on homework not only keeps you accountable, but gives you a chance to socialize without leaving your house!

Get some fresh air

Everyone is guilty of sitting down to do work and not moving for hours. A good way to take a quick brain break and stay active is to walk outside and get some fresh air. Even a quick stroll or mini adventure to walk somewhere for food is beneficial for your health and wellness.



TIPS & TRICKS

STUDY TIPS



Find a study partner/group in each of your classes

Having someone from your class to study with is congruent with academic success. One way to effectively work together is creating a shared Google Doc to serve as a study guide that is updated continuously throughout the semester. Not only does this help reinforce course concepts, but you also get a new perspective in case you missed anything in class.



Separate your work and rest environments

It can be easy blurring the lines between their work and rest spaces (watching a lecture or doing readings in bed). This can be detrimental since the mental associations related to bed (sleep and relaxation) are mixed with the mental associations with school (work and stress). One way to prevent this from happening is trying to work solely at your desk, or try to change up your environment! Spending time in a new space like a local library, study spaces on campus, or even a different room of the house can help to boost productivity and prevent forming bad study habits.



Organize your deadlines

One of the most important skills to develop in university is time management. You can work on boosting this skill by collecting and organizing deadlines in a calendar to help visualize your timeline (see the Productivity Apps section for more info). This makes it easier to allocate time for each task and ensure that you're not procrastinating or forgetting your assignments.



Start early!

This tip also relates to time management, but starting early on tasks is extremely helpful for effectively completing coursework. Leaving enough time to start and work on assignments/readings prevents the last-minute rush before a deadline or lecture. This can include doing a quick brainstorm when you initially get assigned work, which you can refer to later. Think of it as a treat for your future self!



Use the resources available to you!

You don't have to go through university alone! Take advantage of the various resources that are available to you and are covered by the tuition you pay. Be sure to attend your professor's and TA's office hours, use the library services, get involved and make connections!

TIPS & TRICKS

PRODUCTIVITY APPS

Forest (<https://www.forestapp.cc/>)

Forest is a productivity app that helps you to stay focused. Users can plant a tree for a desired amount of time, which will die if the Forest app is exited. As you use the program for extended periods of time, new plants can be unlocked which will accumulate to form a Forest! This is a great program for people who get distracted easily by their phone. Another cool feature is choosing which plants you want to grow, and curating the forest to fit a certain colour theme.



Power Planner (<https://powerplanner.net/platforms>)

Power Planner is a homework organization program that's perfect for encouraging time management. It has features for managing classes within different semesters, adding due dates/times, setting reminders, and calculating GPA, among others. Featuring an aesthetically pleasing user interface, you can also colour coordinate everything for maximum organization.



Clockify (<https://clockify.me/>)

Clockify is a time tracking program that allows users to record working hours across different projects. This browser extension is perfect for keeping yourself accountable for how much time you really spend (and need) for each class, especially for readings. This program is useful for scheduling and managing time, since once you know how long a task takes, it's easy to build your schedule and allocate time for it in the future.



GETTING READY FOR CLASSES

- Read over your course syllabus for each class
- Go over the list of required material
 - Join Facebook groups to find used textbooks
 - Ask your professor if they are willing to lend you a copy for the semester
 - Check with the library to see if they have copies on reserve
 - Check out the SFU Bookstore or websites like Amazon and/or Craigslist
- Make note of the location of each of your courses. Use the Interactive Room Finder to find where your classes are before the semester starts.
- Have something to take notes on (notebook, tablet, etc.) and with (pencil, pen, highlighters, tablet pen)
- Bring your own water bottle and snacks!



Interactive Room Finder



HSCI BUCKET LIST

Try out these 'must-do's' as a SFU HSCI student!



Complete this on your own or with a group of friends and at your own pace

- Sign up for a peer mentor
- Attend SFU's Welcome Day
- Attend FROSH
- Follow HSUSU on Instagram and Facebook
- Make an appointment with our academic advisor
- Take HSCI 130
- Memorize the WHO's definition of 'Health'
- Attend a HSCI Co-op event
- Find Renaissance Cafe
- Attend one HSCI study session
- Visit and explore Blusson Hall
- Attend the HSCI gala
- Get stuck on Burnaby Campus during a snowstorm
- Visit the Student Union Building
- Attend the HSCI Career Panel
- Attend HSUSU elections during the Spring semester
- Time yourself walking from WMC to BLU
- Attend Clubs' Day and join a club
- Study in the FHS Commons space
- Wait at least 15 minutes for the 145 bus
- Memorize the story of John Snow



This resource is designed by the 2021-2022 Health Sciences Undergraduate Student Union (HSUSU) executive team. Our hope is that this resource can act as a guide for HSCI students to find their way throughout their undergraduate degree.

MEET THE TEAM



Jessica Combow
President



Arti Shridhar
VP Internal



Simran Bining
VP External



Simran Purewal
VP Student Life



Ivneet Randhawa
VP Finance



Jocelle Refol
SFSS Representative



Harseerat Lalli
Creative Director



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